

## Class 7 Review Sheet

1. When performing Range of Motion, how do you know which exercises to do? \_\_\_\_\_  
\_\_\_\_\_
2. When performing Range of Motion, return the extremity to the \_\_\_\_\_  
position.
3. Patients will be more cooperative if you \_\_\_\_\_ every  
step that you are doing.
4. When cleaning wet body openings (like the eyes, nose, mouth, genitals, anus, wounds, sores, rashes  
or incisions), use the \_\_\_\_\_ method of cleaning.
5. When getting water for bathing, check the water to make sure it is warm (not hot, not cold) and ask  
the \_\_\_\_\_ to check it to make sure it is comfortable.
6. Catheters are generally inserted and removed by \_\_\_\_\_, but  
CNAs can perform these skills in some settings with additional training.
7. \_\_\_\_\_ are the ideal environment for pathogens to  
multiply (warm, dark, moist, proteins and enzymes).
8. Always wipe \_\_\_\_\_ the urethra.
9. Drainage bags should never be positioned \_\_\_\_\_ the  
patient's hips.
10. If a catheter comes out, put it in a safe place (in a bag) and \_\_\_\_\_  
\_\_\_\_\_.
11. Urine must be measured on a barrier, on a flat surface and at \_\_\_\_\_.
12. When emptying the drainage bag the port can't touch \_\_\_\_\_.
13. When documenting how much urine was in the bag on the intake and output form, document in cc's  
or \_\_\_\_\_.
14. Patients with catheters are at risk of developing a \_\_\_\_\_  
\_\_\_\_\_ (also known as a UTI).
15. Anytime the patient is uncovered or undressed, we use a \_\_\_\_\_  
\_\_\_\_\_ (also called a bath blanket).

1. read the care plan 2. starting (or beginning) 3. explain (or tell them) 4. leaves 5. patient 6. nurses 7. bladders 8. away from 9. above 10. tell the nurse 11. eye level 12. anything 13. m's 14. Urinary tract infection 15. privacy blanket
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