

Class 3 Review Sheet

1. When getting water for bathing, the water should feel _____, not hot or cold.
2. It is important to ask the patient to check the _____
_____ to make sure it is comfortable for them.
3. Whatever we wash, we _____. Whatever we rinse, we _____.
4. After warming and applying lotion, you must _____ the excess.
5. File the nails in _____ direction, towards the _____.
6. When counting respirations, do not _____ that you are counting their breathing or respirations.
7. Normal respiration values are between _____ and _____.
8. According to the care plan for this skill (p 37), how long do you have to count respirations for **this** patient: _____
9. When making an occupied bed and changing the bottom sheet, clean rolls _____ you, dirty rolls _____.
10. Clean linens cannot touch your _____.
11. Normal systolic (top number) blood pressure range is between _____ - _____.
12. Normal diastolic (bottom number) blood pressure range is between _____ - _____.
13. When taking a blood pressure, you need to feel the _____ artery to know where to put your stethoscope when listening for the blood pressure.
14. Stethoscope earpieces should be pointed toward the _____ to hear more effectively.
15. The systolic blood pressure is reported as the number on the gauge when you hear the _____ thump while slowly releasing air from the cuff.

1. Warm 2. Water temperature 3. Rinse, dry 4. Wipe off 5. One, middle 6. Tell the patient 7. 12-20
8. One full minute 9. Toward, away 10. Uniform (clothing) 11. 100-119 12. 60-79 13. Brachial
14. Patient 15. first